

## 50th Anniversary – Virtual 3-Day Weekend Grand Celebration

Live streaming on Zoom and Facebook | PST

### Friday October 2<sup>nd</sup>

6:30 - 7:00 pm	OPENING NIGHT - Honoring the founder Sri Swami Satchidananda, the teachings and the community * - <a href="#">Swami Ramananda</a> and <a href="#">Rev. Kamala Itzel Hayward</a>
7:00 - 8:00 pm	The Healing Power of Love * - <a href="#">Dr. Dean Ornish</a>
8:00 - 8:15 pm	Mantra Repetition for World Peace and Healing* - <a href="#">Swami Divyananda</a>
8:15 - 8:30 pm	Meditation and Arati* - <a href="#">Swami Divyananda</a>

### Saturday October 3<sup>rd</sup>

8:30 - 9:00 am	Morning Mantras and Meditation - <a href="#">Astrud Castillo</a>
9:00 - 10:30 am	Hatha Yoga - <a href="#">Snehan Born</a> and <a href="#">Diana Meltsner</a>
10:30 - 10:50 am	Video Presentation of Sri Gurudev (20 min)
11:00 -12:00 pm (2 pm EST)	New York IYI presents: "The Roots of Integral Yoga in New York and Gurudev's First Days in the USA" - <a href="#">Chandra Jo Sgammato</a>  ---Lunch Break---
2:30 - 4:00 pm	What it was like in the early days - sharing memories, stories, photos - <a href="#">Vijay David Hassin</a>
4:00 - 4:30 pm	Kirtan - <a href="#">Astrud Castillo</a>
4:30 - 5:30 pm	Enlightening Tales with Sri Gurudev* - <a href="#">Swami Karunananda</a>

	---Dinner Break---
6:30 - 8:00 pm	SATSANG - Meeting with IYI SF Directors - Witnessing the Unfolding Impact* - <a href="#">Vijay David Hassin</a> , <a href="#">Swami Divyananda</a> , <a href="#">Vimalananda</a> , and <a href="#">Ramananda</a>
8:00 - 8:15 pm	Kirtan - <a href="#">Mirabai Warkulwiz</a>
8:15 - 8:30 pm	Meditation and Arati - <a href="#">Swami Ramananda</a>

## SUNDAY October 4<sup>th</sup> - Global Celebration

### Global Practice

8:30 - 9:00 am	Hatha -Opening and Standing Practices - <a href="#">Swami Ramananda</a> , California
9:00 - 9:30 am	Hatha - Asana Practice through Yoga Mudra - <a href="#">Heike Amma Farkas</a> , Germany
9:30 - 10:00 am	Hatha - Yoga Nidra and P&M - <a href="#">Paola Parvathi Faini</a> , Italy
	---15 min break---
10:15 - 10:45 am	The Power of Mantra and Japa - workshop - <a href="#">Nalanie Harilela Chellaram</a> , Spain
10:45 - 11:15 am	Integral Yoga Meditation with Arati - <a href="#">Swami Chidananda</a> , New York
	---15 min break---
11:30 am -1:00 pm	Preserving Sri Gurudev's Teachings, the Future of Integral Yoga* - <a href="#">Swami Karunananda</a> , <a href="#">Swami Ramananda</a> and <a href="#">Chandra Jo Sgammato</a>

The whole program will be live and interactive on [Zoom](#), also live streamed on [IYI Facebook page](#).

\*Available for future viewing on our Facebook page, for other recordings please check our website.